Name: \_\_ first \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ middle\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ last\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Sex: \_\_male \_ / \_ female\_\_\_

Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date of birth: \_\_\_\_day / month / year\_\_\_\_\_\_\_\_\_\_

Occupation: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Referred by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Injuries/ pre-existing medical conditions: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Thank you for your interest in attending our yoga classes. We take our responsibilities to you seriously.

This is an important legal document. You should read it carefully and consider its contents before deciding whether to sign it or not. You should obtain independent legal advice in relation to this document before you sign this document. You are not under any obligation to sign this document.

In this document “us” and “we” means BRG Yoga Pty Ltd, our employees, directors, servants, agents and contractors.

**Risk Warning for the purposes of the *Civil Liability Act* 2002 (NSW)**

Bikram Yoga is a recreational activity. It requires physical exertion which may be strenuous. There is a risk that you may sustain physical injury by participating in a Bikram Yoga class which is conducted by us. The types of physical injuries which you may sustain include, but are not limited to; dizziness, faintness, heat rash, dehydration and muscular injuries.

**Your responsibilities**

It is your responsibility to consult with a qualified and experienced medical practitioner in relation to your proposed participation in each Bikram Yoga class which is conducted by us.

You must not undertake any activities which are contrary to any advice which is provided to you by any medical practitioner whom you consult.

You must advise the teacher before the commencement of each class of any medical condition or injuries sustained by you which may impact in any way upon your participation in the class.

You must immediately follow all of the instructions given to you from time to time in relation to your participation in each class (including but not limited to when, where and how to perform yoga postures).

You must not undertake any activities during the course of the class unless specifically instructed to do so by the teacher.

You must cease participating in a class if directed to do so by the teacher. The teacher may give such a direction for any reason he or she thinks fit.

If you feel unwell, experience any pain or discomfort during the course of a class, you must immediately cease performing the pose and must immediately inform the teacher.

You may sustain injuries if you deviate in any way from any directions which are given to you by the teacher or if you fail to comply with the responsibilities set out in this document.

You warrant that all information which is provided to us about you from time to time (including but not limited to the information contained in this document) is true, correct, complete, full, frank and is not misleading, deceptive or dishonest in any way. This warranty applies to information which is provided to us by you and to information which is provided to us about you by someone who is authorised to provide that information to us (for example any medical practitioner who treats you).

You must comply with our then current terms and conditions and policies in relation to the yoga studio at all times. Our terms and conditions and policies may be changed: by us from time to time as we in our complete and unfettered discretion think fit; and/or without prior notice to you.

Our terms, conditions, policies and instructions may be given to you: by notice displayed by us at or near the entrance to the yoga studio and/or in the yoga studio; by the teacher (during the course of each class and at other times); on our website; and/or by such other methods as we determine from time to time in our complete and unfettered discretion.

In consideration of us allowing you to participate in each class:

1. you release us from any liability in relation to all injuries sustained by you where those injuries are sustained as a result of your failure to comply with your responsibilities set out in this document, and
2. you indemnify us and agree to indemnify us in relation to all claims and losses (however described) in relation to all injuries sustained by you where those injuries are sustained as a result of your failure to comply with your responsibilities set out in this document.

Please sign below to record your agreement with these things. (IF UNDER 18, parent/guardian name & signature required)

**Your Signature**: \_\_(or name & signature of parent/guardian if participant is under 18)\_\_\_\_\_ **Date Signed**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Bikram Yoga Staff Member (Witness Signature)**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_