



# I LOVE ME 5+ CHALLENGE!!



It's challenge time again and it's all about YOU.

Show yourself some love, open your heart to change, and transform your body, mind and spirit.

Make this your challenge; you will look and feel great! Setting an amazing goal for consistency and growth in your practice.

## STEP 1:

**Choose Your Challenge.**

Choose 5, 6 or 7 classes per week for 4 weeks!!

## STEP 2:

**Register at front desk..**

Use a current unlimited pass  
OR  
\$130 - unlimited entry during challenge period

## STEP 3:

**Join the Challengers page!**



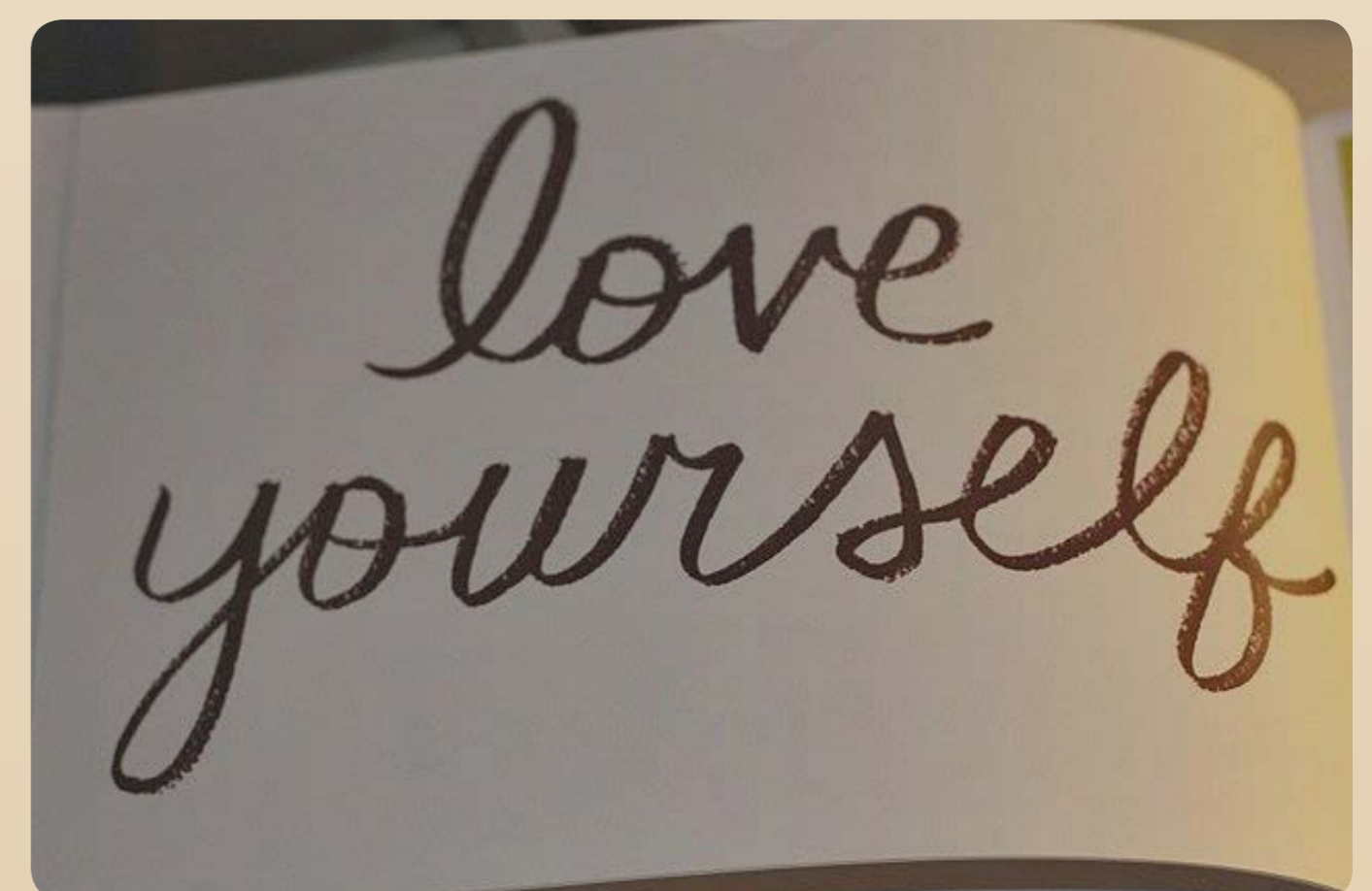
Once registered, you'll be able to join our private page to share and chat lots about the postures, nutritional tips and mindsets.

## I LOVE ME 5+ Challenger Rewards!

The most important reward is a journey of self belief...

We will recognise your huge efforts and success with a few more great rewards!

- ✓ \$25 worth of Bikram Yoga Dollars to spend!
- ✓ Attend 7 days a week for 4 weeks - free private class!



**Some rules that make this all possible:**

- ✓ You must successfully complete the challenge to claim the reward.  
This means a min of 5 classes per week for 4 weeks. Consistency is the motto here.
- ✓ Bikram Yoga Dollars must be used for passes and merchandise before end of April 2016.
- ✓ To receive private class, you must attend at least 29 times between 21st February - 20th March 2016.  
A private class means a maximum of 3 students in attendance.

**SHOW YOURSELF SOME LOVE. SIGN UP AT FRONT DESK.**